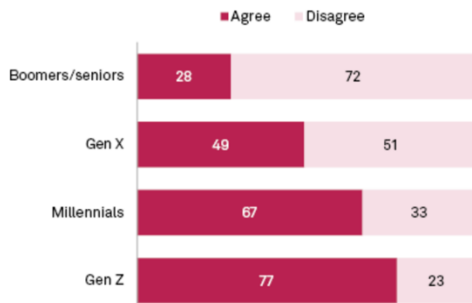


2024 Election – Democratic Candidates’ Social Media Accounts to Amplify Like – Comment – Share to help amplify their messages.

In the online realm, many likes signal social proof, indicating content value and trustworthiness.

US: I get most of my information about news and breaking events through social media, 2023
Percentage of age generation



70% of American adults have an active social media account and they spend an average of 2hrs. 14min. per day on social media.

An increasing number of people of all generations are getting their news, including political news, through social media.
(See graph from S&P Global Market Intelligence).

VP Kamala Harris for President

Facebook

<https://www.facebook.com/KamalaHarris/>

Instagram

<https://www.instagram.com/kamalaharris/?hl=en>

Twitter/X

<https://x.com/KamalaHarris>

DNC

Facebook Democratic Party

<https://www.facebook.com/democrats>

Instagram thedemocrats

<https://www.instagram.com/thedemocrats/>

Twitter/X @TheDemocrats

<https://twitter.com/TheDemocrats>

DSCC – Senate Democrats

Facebook

<https://www.facebook.com/DSCC>

Instagram @dsc

<https://www.instagram.com/dsc/>

Twitter/X @dsc

<https://twitter.com/dsc>

DCCC – Congressional Democrats

Facebook

<https://www.facebook.com/electdemocrats>

Instagram@dccc

<https://www.instagram.com/dccc/>

Twitter/X @dccc

<https://twitter.com/dccc>

US Senate - California

Adam Schiff candidate

Facebook

<https://www.facebook.com/AdamSchiffCA>

Instagram #adamschifforsenate

<https://www.instagram.com/explore/tags/adamschifforsenate/>

Twitter/X @AdamSchiff

<https://twitter.com/AdamSchiff>

Congressman Mike Thompson* incumbent

Facebook

<https://www.facebook.com/RepMikeThompson>

Instagram @mikethompson4congress

<https://www.instagram.com/mikethompson4congress/>

Twitter/X @RepThompson

<https://twitter.com/RepThompson>

CA Assemblymember Cecilia Aguiar-Curry* incumbent

Facebook

<https://www.facebook.com/asmaquiarcurry>

Instagram @asmaguiarcurry

<https://www.instagram.com/asmaquiarcurry/>

Twitter/X @AsmAguiarCurry

<https://twitter.com/AsmAguiarCurry>

CA State Senate Candidate – District 3

Christopher Cabaldon

Facebook

<https://www.facebook.com/mayorcabaldon>

Instagram @mayorcabaldon

<https://www.instagram.com/mayorcabaldon/>

Twitter/X @mayorcabaldon

<https://twitter.com/mayorcabaldon>

Key CA Congressional Candidates

Protect 3 Blue Districts

CD9 Josh Harder* incumbent

Facebook

<https://www.facebook.com/harderforcongress>

Instagram @harderforcongress

<https://www.instagram.com/harderforcongress/>

Twitter/X @RepJoshHarder

<https://twitter.com/RepJoshHarder>

CD47 Dave Min candidate -D (Katie Porter's Seat)

Facebook

<https://www.facebook.com/daveminca>

Instagram @davemin_ca

https://www.instagram.com/davemin_ca/

Twitter/X @DaveMinCA

<https://twitter.com/DaveMinCA>

CD49 Mike Levin* incumbent

Facebook

<https://www.facebook.com/mikelevin>

Instagram @repmikelevin

<https://www.instagram.com/repmikelevin/>

Twitter/X @MikeLevin

<https://twitter.com/MikeLevin>

Flip 7 Red Districts *incumbent

CD3 Jessica Morse (Kevin Kiley* R)

Facebook

<https://www.facebook.com/groups/139972500042983>

Instagram @Morse4America

<https://www.instagram.com/morse4america/>

Twitter/X @Morse4America

<https://twitter.com/Morse4America>

CD13 Adam Gray (John Duarte* R)

Facebook

<https://www.facebook.com/AdamGrayForCongress>

Instagram @adamgrayforcongress

<https://www.instagram.com/adamgrayforcongress/>

Twitter/X @AdamGrayCA

<https://twitter.com/AdamGrayCA>

CD22 Rudy Salas (David Valadao* R)

Facebook

<https://www.facebook.com/RudySalasValleyStrong>

Instagram @RudySalasCA

<https://www.instagram.com/rudysalasca/>

Twitter/X @RudySalasCA

<https://twitter.com/RudySalasCA>

CD27 George Whitesides (Mike Garcia * R)

Facebook

<https://www.facebook.com/whitesidesforcongress>

Instagram @whitesidesforcongress

<https://www.instagram.com/whitesidesforcongress/>

Twitter/X @gtwhitesides

<https://twitter.com/gtwhitesides>

CD40 Joe Kerr (Young Kim* R)

Facebook

<https://www.facebook.com/joekerrforcongress>

Instagram @joekerrforcongress

<https://www.instagram.com/joekerrforcongress/>

Twitter/X @joekerrcongress

<https://twitter.com/joekerrcongress>

CD41 Will Rollins (Ken Calvert* R)

Facebook

<https://www.facebook.com/WillRollinsForCongress>

Instagram @WillRollinsCA

<https://www.instagram.com/willrollinsca/>

Twitter/X @WillRollinsCA

<https://twitter.com/WillRollinsCA>

US Senate – Swing Districts

Arizona -- Ruben Gallego candidate -D

Facebook

<https://www.facebook.com/groups/514792800761683>

Instagram @gallegoforaz

<https://www.instagram.com/gallegoforaz/>

Twitter/X @RubenGallego

<https://twitter.com/RubenGallego>

Nevada – Sen. Jackie Rosen* incumbent

Facebook

<https://www.facebook.com/rosenfornevada>

Instagram @RosenforNevada

<https://www.instagram.com/rosenfornevada/>

Twitter/X @RosenforNevada

<https://twitter.com/RosenforNevada>

Ohio – Sen. Sherrod Brown* incumbent

Facebook

<https://www.facebook.com/sherrod>

Instagram @sherrod

<https://www.instagram.com/sherrod/>

Twitter/X @sherrodbrown

<https://twitter.com/sherrodbrown>

TikTok Sherrod

<https://www.tiktok.com/@sherrodbrown>

Pennsylvania – Sen. Bob Casey* incumbent

Facebook

<https://www.facebook.com/BobCaseyJr/>

Instagram @bobcaseyjr

<https://www.instagram.com/bobcaseyjr/>

Twitter/X @bob_casey

https://twitter.com/Bob_Casey

Wisconsin – Sen. Tammy Baldwin* incumbent

Facebook

<https://www.facebook.com/TammyBaldwin>

Instagram @senatorbaldwin

<https://www.instagram.com/senatorbaldwin/>

Twitter/X @tammybaldwin

<https://twitter.com/tammybaldwin>